# AYFER DOST-GÖZKAN

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## **Education**

## Ph.D. in Developmental Psychology – 2007-2012, Clark University, Worcester, MA, USA

Dissertation: Adolescent-parent discrepancies in beliefs about family relationships in Turkish families: Links to conflict, cohesion, life satisfaction, and conflict management

## M.A. in Developmental Psychology – 2004-2006, Koç University, Istanbul, Turkey

Thesis: The relationship between self-construals and the language for emotions in personal narratives of Turkish males and females

### M.A. in Philosophy – 1994-1996, Boğaziçi University, Istanbul, Turkey

Thesis: Philosophical foundations of Freudian psychology

B.A. in Philosophy – 1990-1994, Boğaziçi University, Istanbul, Turkey

	Work Experience
11/2020-present	Associate Professor, Özyeğin University, Department of Psychology
09/2023-present	Director of Graduate School of Social Sciences
02/2025-present	Vice Dean, Faculty of Social Sciences
09/2017-9/2020	Chair, Özyeğin University, Department of Psychology
07/2012-11/2020	Assistant Professor, Özyeğin University, Department of Psychology
09/2010-06/2012	Part-time instructor, Bahçeşehir University, Department of Psychology
09/2007-06/2010	Teaching & Research Assistant, Clark University, Department of Psychology
09/2004-06/2006	Teaching & Research Assistant, Koç University, Department of Psychology
09/1998-08/2004	Psychology & Philosophy Teacher, Özel MEF Okulları & Özel Uğur Koleji
09/1995-08/1998	Teaching Assistant, Boğaziçi University, Department of Philosophy

## **Awards and Scholarships**

2016 Seal of Excellence Award, TÜBİTAK & European Commission

2010 Monte Bliss Award on Research on Child Development, Clark University

2007-2012 Clark University Graduate Scholarship (Full scholarship)

2004-2006 Koc University Vehbi Koc Graduate Scholarship (Full tuition waiver)

Various travel awards from TÜBİTAK, Koç University, and Clark University

## **Publications**

### **SSCI Journal Articles**

- Öksüz, İ., Özcan Ş. M., Sunmaz, N., **Dost-Gözkan, A**. & Kisbu, Y. (2025). Health risk behaviors of adolescents in Europe: A latent profile analysis of HBSC data from 43 countries. *Journal of Adolescent Health*, 76 (1), 115-121. https://doi.org/10.1016/j.jadohealth.2024.08.001
- Aytuğlu, A., **Dost-Gözkan**, A., Brown, G.L., Şengül-Tığ, P., & Buğan-Kısır, B. (2023). Narrative identity and positive youth development in Turkish emerging adults: The moderating role of cultural self-construals. *Journal of Social and Personal Relationships*, 40(10), 3220-3243. https://doi.org/10.1177/02654075231170899
- Dost-Gözkan, A. (2022). Adolescent–parent relationships and youth well-being in Turkey. *Child Development Perspectives*, *16*(3), 173–179. https://doi.org/10.1111/cdep.12459
- Erçelik, P., **Dost-Gözkan, A.** (2022). Basic psychological needs in relationships with parents and best friend and identity statuses among Turkish emerging adults. *Current Psychology*, *41*, 2821–2834. https://doi.org/10.1007/s12144-020-00710-7
- Fernandes, D., Pivec, T., **Dost-Gözkan, A.**, Uka, F., Gaspar de Matos, & M., Wiium, N. (2021). Global overview of youth development: Comparison of the 5 Cs and developmental assets across 6 countries. *Frontiers in Psychology*, https://doi.org/10.3389/fpsyg.2021.685316
- **Dost-Gözkan, A.**, Kozina, A., Stefenel, D. ve Wiium, N. (2021). External developmental assets and positive identity among emerging adults in Norway, Romania, Slovenia, and Turkey. *Frontiers in Psychology*, https://doi.org/10.3389/fpsyg.2021.656972
- **Dost-Gözkan, A.** (2020). The gratification of psychological needs and well-being among Turkish adolescents: An examination of direct and indirect links. *Journal of Research on Adolescence*, *31*, 52-70. http://dx.doi.org/10.1111/jora.12582
- Elsharnouby, E. & **Dost-Gözkan, A.** (2020). Adolescents' disclosure and secrecy patterns and psychological well-being in parent and best friend relationship contexts. *Journal of Youth and Adolescence*, 49, 1687–1701. https://doi.org/10.1007/s10964-020-01246-6.
- **Dost-Gözkan, A.** (2019). Adolescents' conflict resolution with their parents and best friends: Links to life satisfaction. *Journal of Child and Family Studies*, 28, 2854-2866. https://doi.org/10.1007/s10826-019-01465-x
- Wiium, N., **Dost-Gözkan, A.,** & Kosic, M. (2019). Developmental assets among young people in three European contexts: Italy, Norway, and Turkey. *Child & Youth Care Forum*, 48, 187-206. https://doi.org/10.1007/s10566-018-9446-1.
- Jensen, A. L., & **Dost-Gözkan**, A. (2015). Adolescent-parent relations in Asian Indian and Salvadoran immigrant families: A cultural-developmental analysis of autonomy, authority, conflict, and cohesion. *Journal of Research on Adolescence*, 25, 340-351. https://doi.org/10.1111/jora12116
- **Dost-Gözkan**, A., & Küntay, A. C. (2014). Linguistic representations of emotion terms: Within-culture variation with respect to education and self-construals. *Asian Journal of Social Psychology*, 17, 277-285. https://doi.org/10.1111/ajsp.12071
- Yağmurlu, B., Citlak, B., **Dost**, **A**., & Leyendecker, B. (2009). Türk annelerin çocuk sosyalleştirme hedefleri: Eğitime bağlı kültür-içi değişimin incelenmesi. *Türk Psikoloji Dergisi*, 24, 1-19.
- **Dost**, A., & Yağmurlu, B. (2008). Are constructiveness and destructiveness essential features of guilt and shame feelings respectively? *Journal for the Theory of Social Behavior*, *38*, 109-129.
- **Dost-Gözkan**, **A.** (2017). Çatışma Çözme Stili Envanterinin psikometrik özelliklerinin ergen örnekleminde incelenmesi (An examination of psychometric properties of Conflict Resolution Inventory in a sample of adolescents). *Psikoloji Çalışmaları Dergisi*, *37*, 51-72.
- Dost, A., & Yağmurlu, B. (2006). Suçluluk ve utanç duygularının kavramsallaştırılmasındaki

- sorunlar (Problems in the conceptualization of guilt and shame feelings). *Türk Psikoloji Yazıları*, 9, 37-52.
- **Dost, A.**, & Yağmurlu, B. (2005). Çocuk gelişiminde suçluluk duygusu (Guilt and shame in child development). *Çoluk Çocuk Dergisi*, 55, 10-14.

#### **Edited Books**

- **Dost-Gözkan, A.,** Kafescioğlu, N., & Tahiroğlu, D. (Eds.) (2017). *Gelişim psikolojisi ve terapi perspektifinden oyun (Play from the perspective of developmental psychology and therapy*). İstanbul: Özyeğin Üniversitesi Yayınları.
- **Dost-Gözkan, A.** & Keith, D. S. (Eds.) (2015). *Norms, groups, conflict, and social change: Rediscovering Muzafer Sherif's psychology*. New Brunswick, NJ: Transaction Publishers.

### **Book Chapters**

- **Dost-Gözkan, A.,** & Kisbu, Y. (in press). Time resourcefulness of children and adolescents: From time-poverty to time-affluence. In E. Delamonica & A. Minujin (Eds.) *Handbook child poverty and inequality*. Edward Elgar Publishing.
- **Dost-Gözkan, A.** (2024). Disclosure and secrecy in Turkish Families. In J. Smetana, N. Campione-Barr, & L., Tilton-Waiver. *The Cambridge handbook of parental monitoring and information management in adolescence*, (pp. 303-325). Cambridge University Press.
- **Dost-Gözkan, A.** (2023). Gelişimsel haklar ve sosyal politika (Developmental rights and social policy). In A. Doğan & F. Çorapçı (Eds.) *Türkiye'de çocuk ve ergenlere yönelik önleyici müdahale programları* (Intervention programs for children and adolescents in Turkey) (pp. 41-58). Nobel Publications.
- **Dost-Gözkan, A.** (2023). Arkadaşlık ve psikolojik iyi oluş: Yaşam boyu gelişim perspektifinden bir değerlendirme (Friendship and psychological well-being: An evaluation from a lifespan development perspective). In E. Şener, G. Var & C. Yılmaz (Eds.) Psikolojik iyi oluş (Psychological well-being).
- **Dost-Gözkan, A.** & Wiium, N. (2021). Links between developmental assets and identity development: Evidence from two studies with Turkish emerging adults (pp. 153-174). In R. Dimitrova & N. Wiium (Eds.), *Handbook of positive youth development advancing research, policy, and practice in global contexts.* Springer.
- **Dost-Gözkan**, A., & Korkmaz, D. (2017). Oyun ve sosyal gelişim (Play and social development). In A. Dost-Gözkan, N. Kafescioğlu, D. Tahiroğlu, *Gelişim psikolojisi ve terapi perspektifinden oyun* (Play from the perspective of developmental psychology and therapy) (pp. 49-83). İstanbul: Özyeğin Üniversitesi Yayınları.
- **Dost-Gözkan, A.** (2015). An integration of social and developmental psychology: Sherif's works with adolescence (pp. 345-364). In A. Dost-Gözkan & D. Sönmez (Eds.), J. Valsiner (Series Ed.). *Norms, groups, conflict, and social change: Rediscovering Muzafer Sherif's psychology.* New Brunswick, NJ: Transaction Publishers.
- Leyendecker, B., Yağmurlu, B., Citlak, B., **Dost, A**., & Harwood, R. (2009). Langfristige sozialisationsziele von migrierten und nicht-migrierten müttern in der Türkei und in Deutschland der einfluss von bildung, kultur und migrationserfahrungen [Long term socialization goals of migrant and non-migrant mothers in Turkey and in Germany the influence of education, culture, and migration experiences]. In I. Dirim & P. Mecheril (Eds.). *Migration und Bildung* (pp. 169-181). *Wissenschaftliche Kontroversen*. Münster: Waxmann.

## Works in progress

Musti, N. & Dost-Gözkan, A. (under review). Cyberbullying, Basic Psychological Needs, and Socio-

- Emotional Skills: A Person-Centered Analysis.
- **Dost-Gözkan**, **A.** & Bingöl, B. (in progress). Conflict and cohesion in Turkish adolescent-parent relationships.
- **Dost-Gözkan**, A. & Akdoğan, N. (in progress). Topics and justifications of disclosure and secrecy in adolescents' information management with their parents.
- Bilir, P. & **Dost-Gözkan**, A. (in progress). Basic psychological needs in family and school contexts: Links to academic outcomes.
- Fidan, M. & **Dost-Gözkan**, **A.** (in progress). Emerging adults' basic psychological need satisfaction and coping strategies.
- Şengül, P. & **Dost-Gözkan**, **A.** (in progress). The perceived reactions of mothers, fathers, and friends to negative emotions and adolescent psychological well-being.
- Ünal, Ç. & **Dost-Gözkan**, **A.** (in progress). Conflict resolution patterns of adolescents in their relationships with parents and best friends: A person-centered approach.

#### **Conference Presentations**

- **Dost-Gözkan, A.** (2023). Well-being and positive youth development among Turkish adolescents and emerging adults with different profiles of three ethics. In Symposium on The Cultural-Developmental Approach to Moral Reasoning and Values: Use of the Ethical Values Assessment (EVA) among Adolescents and Emerging Adults Across Cultures (Convenor: A. Dost-Gözkan), 12 September, 2023.
- **Dost-Gözkan, A.** (2023). Ergenlerin Ebeveynleri ile İlişkilerinde Kendini Açma ve Sır Saklama: Niteliksel Bir Çalışma. Sözel bildiri. II. Ergenlik ve Gençlik Araştırmaları Derneği Uluslararası Kongresi. 6-8 Eylül 2023, Kapadokya Üniversitesi.
- Musti, N. & **Dost-Gözkan, A**. (2023). Cyberbullying, Basic Psychological Needs, and Socio-Emotional Skills: A Person-Centered Analysis. II. Ergenlik ve Gençlik Araştırmaları Derneği Uluslararası Kongresi. 6-8 Eylül 2023, Kapadokya Üniversitesi.
- Öksüz, İ., Özcan Ş. M., Sunmaz, N., **Dost-Gözkan, A**. & Kisbu, Y. (2023). Health Risk Behaviors Among European Adolescents: A Latent Profile Analysis. II. Ergenlik ve Gençlik Araştırmaları Derneği Uluslararası Kongresi. 6-8 Eylül 2023, Kapadokya Üniversitesi.
- Musti, N. & **Dost-Gözkan, A.** (2021). Direct and Indirect Links Between Psychological Needs Satisfaction in Close Relationships and Positive Youth Development among Turkish Emerging Adults [Paper Presentation]. Society for the Study of Emerging Adulthood (SSEA) Conference, November 2021. https://virtual.10cea.org/.
- Erçelik, P. & **Dost-Gözkan, A.** (2021). Ebeveyn ve En Yakın Arkadaşla İlişkide Temel Psikolojik İhtiyaçların Karşılanması ve Kimlik Statüleri. Paper presentation in symposium titled 'Ergenlik ve beliren yetişkinlikte ebeveyn ve arkadaşlarla ilişkiler: Ebeveyn ve arkadaşların gelişimdeki rolü ve önemi' (Convenor: A. Dost-Gözkan), *1st International Congress of Youth and Adolescent Research (Virtual Congress)*, 29 April-1 May 2021.
- Ünal, Ç. & **Dost Gözkan, A.** (2021). Ergenlerin anne, baba ve en yakın arkadaşlarıyla çatışma çözme stilleri ve psikolojik esenlik halleri. Paper presentation in symposium titled 'Ergenlik ve beliren yetişkinlikte ebeveyn ve arkadaşlarla ilişkiler: Ebeveyn ve arkadaşların gelişimdeki rolü ve önemi' (Convenor: A. Dost-Gözkan), *1st International Congress of Youth and Adolescent Research, Virtual Congress*, 29 April-1 May 2021.
- **Dost-Gözkan, A.** (2019). Bireysel ve toplumsal değişim: Muzaffer Şerif ile değişimin/gelişimin temel ilkelerine bir bakış. Muzaffer Şerif Paneli (Societal and individual change/development: An evaluation of the principles of change/development with Muzafer Sherif. Muzafer Sherif Panel-invited talk). *Davetli Konuşma, Eskişehir Türk Psikologlar Derneği & Eskişehir Okulu*.
- **Dost-Gözkan, A.** (2019). Links between basic psychological needs and well-being in adolescent-parent relationships: The mediational role of family cohesion and disclosure to parents. Paper presented at 7th International Self Determination Theory Conference, May 21-24, 2019, Amsterdam, The Netherlands.

- Elsharnouby, E. & **Dost-Gözkan**, A. (2019). Adolescents' disclosure and secrecy patterns and psychological well-being in parents and best friend relationship contexts. Poster presented at *SRCD Biennial Meeting*, March 21-23, 2019, Baltimore, Maryland, USA.
- Aytuğlu, A. & **Dost-Gözkan**, **A.** (2019). The difference in Turkish emerging adults' positive development indices with respect to the clusters of cultural self-construals. Paper presented at the *Society for Cross-Cultural Research Annual Meeting*, 13-16 February 2019, Jacksonville, FL, USA.
- **Dost-Gözkan, A.** & Elsharnouby, E. (2018). Ergenlikte anne, baba ve en iyi arkadaşla kendi hakkında bilgi paylaşma, saklama ve psikolojik esenlik arasındaki ilişki. Paper presentation at the *20th Ulusal Psikoloji Kongresi*, 15-17 November 2018, TED University, Ankara.
- **Dost-Gözkan, A.** (2018). A longitudinal examination of basic psychological needs support perceived in relationships with parents and psychological outcomes. Paper presented at the *16<sup>th</sup> Biennial Conference of the European Association for Research on Adolescence*, September 12-17, 2018, Ghent, Belgium.
- **Dost-Gözkan, A.** & Wiium, N. (2018). Developmental assets, identity statuses and identity processes: An examination in two studies. Paper presented at the *Thematic Conference on Emerging Adulthood: Self and Identity in Emerging Adulthood*, May 17-19, 2018, Cluj-Napoca, Romania.
- **Dost-Gözkan, A.** (2017). Farklı etik dünya görüşlerine sahip ergenlerde, temel psikolojik ihtiyaçların karşılanması ile psikolojik iyilik hali arasındaki ilişki: Birey odaklı analiz çalışması. Paper presentation at the *II. Sosyal Psikoloji Kongresi*, East Mediterranian University, November, 27-29, Mağusa, Cyprus.
- **Dost-Gözkan, A.** (2017). Karma yöntem: Gelişim psikolojisinde niteliksel ve niceliksel yöntemin bir aradalığı ve getirdiği açılımlar (invited talk). *I. Developmental Psychology Symposium*, Hacettepe University, November, 16-17, Ankara.
- Aytuğlu, A. H. & **Dost-Gözkan, A.** (2017). The link between emerging adult's narrative identity in familial context and positive youth development. Paper presented at the 8th Conference on Emerging Adulthood, November 2-4, 2017, Washington DC, USA.
- **Dost-Gözkan, A.** (2017). Positive youth development and developmental assets among Turkish emerging adults with different ethical worldviews. Paper presented at the 8th Conference on Emerging Adulthood, November 2-4, 2017, Washington DC, USA.
- **Dost-Gözkan**, A., Ergin, C. & Wiium, N. (2017). External developmental assets and identity dimensions among Turkish emerging adults: The mediating role of self-evaluations. Paper presented at the 8th Conference on Emerging Adulthood, November 2-4, 2017, Washington DC, USA.
- **Dost-Gözkan, A.** & Uraloğlu, E. (2017). Autonomy, community, and divinity: Familial support and positive psychological outcomes among Turkish adolescents with different ethical worldviews. Paper presented in the *18th European Conference on Developmental Psychology*, August 29 September 1, 2017 Utrecht, The Netherlands.
- **Dost-Gözkan, A.** & Dinçkan, S. (2017). Adolescents' perceived gratification of basic psychological needs and conflict resolution with parents. Paper presented in the *18th European Conference on Developmental Psychology*, August 29 September 1, 2017 Utrecht, The Netherlands.
- **Dost-Gözkan, A.** & Wiium, N. (2017). The links between social developmental assets and positive outcomes among Norwegian and Turkish youth. Paper presented in the symposium Positive youth development in Europe and other non-US contexts (Convenors: Nora Wiium & Radosveta Dimitrova), *18th European Conference on Developmental Psychology*, August 29 September 1, 2017 Utrecht, The Netherlands.
- Erçelik, P. & **Dost-Gözkan, A.** (2017). Psychological needs support from parents and the best friend and identity statuses. Paper presented in the *18th European Conference on Developmental Psychology*, August 29 September 1, 2017 Utrecht, The Netherlands.
- **Dost-Gözkan, A.** (2016). Distant but not conflicting: Adolescent-parent discrepancies and relationship quality in Turkish families. Paper presented at the symposium "Parent-adolescent discrepancies and family and adolescent adjustment" (Convener: Annette Spithoven), 15<sup>th</sup> Biennial Conference of the European Association for Research on Adolescence, 16-19 September 2016, Cádiz, Spain.

- **Dost-Gözkan, A.** (2016). Adolescent disclosure and secrecy in different relationship contexts and psychological well-being. Paper presented at the 15<sup>th</sup> Biennial Conference of the European Association for Research on Adolescence, 16-19 September 2016, Cádiz, Spain.
- Bilir, P., & **Dost-Gözkan, A.** (2016). Basic psychological needs in family and school contexts: Links to academic outcomes. Paper presented at the 15<sup>th</sup> Biennial Conference of the European Association for Research on Adolescence, 16-19 September 2016, Cádiz, Spain.
- Rauf, M., & **Dost-Gözkan, A.** (2016). A mixed method study on well-being of working and non-working adolescents in Pakistan: Life satisfaction, self-esteem and perceptions of child labor. Paper presented at the 15<sup>th</sup> Biennial Conference of the European Association for Research on Adolescence, 16-19 September 2016, Cádiz, Spain.
- Sengul, P., & **Dost-Gözkan**, A. (2016). Perceived emotion socialization practices of mothers, fathers, peers and adolescent psychological well-being. Paper presented at the 15<sup>th</sup> Biennial Conference of the European Association for Research on Adolescence, 16-19 September 2016, Cádiz, Spain.
- **Dost-Gözkan, A.** (2016). The relationship between gratification of basic psychological needs in close relationship of adolescents and positive developmental outcomes [Ergenlerde yakın ilişkilerde temel psikolojik ihtiyaçların karşılanma düzeyi ve olumlu gelişim çıktıları arasındaki ilişki]. Paper presented at the *19th National Congress of Psychology*, 5-7 September 2016, İzmir, Turkey.
- **Dost-Gözkan, A.** (2015). Subjective and objective discrepancies in adolescent-parent beliefs and expectations about family relationships. Poster presented at the 17<sup>th</sup> European Conference of Developmental Psychology, 8-12 September, University of Minho, Braga, Portugal.
- **Dost-Gözkan**, A., & Bingöl, B. (2014). Cohesion and conflict in the eyes of adolescents and parents. Paper presentation, *14<sup>th</sup> Biennial Conference of the European Association for Research on Adolescence*, 3-6 September 2014, İzmir.
- **Dost-Gözkan, A.** (2013). Ergen ve ebeveynlerin aile ilişkilerine ilişkin görüş farklılıkları. *16<sup>th</sup> Ulusal Psikoloji Kongresi*, Bursa.
- **Dost-Gözkan, A.** (2013). Turkish adolescents' conflict resolution with their parents: Links to life satisfaction. Poster presented at the *16th European Conference on Developmental Psychology*, 3-7 September 2013, Lausanne, Switzerland.
- **Dost-Gözkan, A.** (2013). Conflict resolution patterns across disagreement contexts among Turkish adolescents and parents. Paper presented at the *13th European Congress of Psychology*. 9-12 July 2013, Stockholm, Sweden.
- **Dost-Gözkan, A.** & Jensen, L. A. (2012). Divergent and convergent views about family relationships in Turkish adolescent-parent dyads. Paper presented at the *13th Biennial Conference of the European Association for Research on Adolescence*, 29 August-1 September 2012, Island of Spetses, Greece.
- Tanaku, K., **Dost-Gözkan**, A., & Jensen, L. A. (2012). Adolescent-parent cohesion and division in immigrant families in the U.S. Poster presented at the *14<sup>th</sup> Society for Research on Adolescence Conference*, 3-6 March, 2012, Vancouver, CA.
- Wu, J., **Dost-Gözkan**, **A.**, & Jensen, L. A. (2012). Adolescent-parent value discrepancies in immigrant families in the U.S. Poster presented at the *14<sup>th</sup> Society for Research on Adolescence Conference*, 3-6 March, 2012, Vancouver, CA.
- **Dost-Gözkan**, **A.** (2011). Beliefs about family relationships, relationships quality, and conflict management in Turkish adolescent-parent dyads. Paper presented at *Multidisciplinary Conference*, Bahçeşehir University, January 9, 2011.
- **Dost-Gözkan**, A., Jensen, L. A., & Tanaku, K. (2011). Family cohesion and division in immigrant context: A qualitative study with Asian Indian and Salvadoran adolescent-parent dyads. Paper presented at the *12<sup>th</sup> European Congress of Psychology*, 4-8 July 2011, Istanbul, Turkey.
- **Dost-Gözkan**, A. & Küntay, A. C. (2010). Linguistic representations of emotion terms: Within culture variation with respect to education and self-construals. Poster presented at the  $22^{nd}$  Annual Association for

- Psychological Science Convention, 29-31 May 2010, Boston, MA, USA.
- **Dost-Gözkan**, A. & Jensen, L. A. (2010). The relationship between adolescents and parents: A study with Asian Indian and Salvadoran immigrant families. Poster presented at the 13<sup>th</sup> Society for Research on Adolescence Biennial Meeting, 11-13 March 2010, Philadelphia, PA, USA.
- **Dost, A**. & Jensen, A. J. (2009). Perceptions of authority, autonomy and conflict and cohesion in adolescent-parent dyads from Asian Indian and Salvadoran immigrant families. Poster presented at the *Society for the Research in Child Development* conference, 2-4 April 2009, Denver, USA.
- Yağmurlu, B., Citlak, B., **Dost, A**. & Leyendecker, B. (2007). Long-term socialization goals of mothers in Turkey. Paper presentation at the Symposium on "Parenting practices and child rearing beliefs among migrant and minority families" (Discussant: Birgit Leyendecker), *13<sup>th</sup> European Conference on Developmental Psychology*, 21-25 Ağustos 2007, Jena, Germany.
- **Dost**, A., & Yağmurlu, B. (2007). The conceptualization of guilt and shame: Does it capture the nature of these emotions across contexts? Paper presented at the *Conference of the International Society for the Theoretical Psychology*, 18-22 June 2007, Toronto, Canada.
- **Dost, A.,** Citlak, B., Yağmurlu, B., & Leyendecker, B. (2006). Türk annelerinin çocuklarına ilişkin uzun süreli sosyalleştirme hedefleri: Annelerin eğitim durumunun sosyalleşme hedeflerine etkisi. Paper presented at the *14<sup>th</sup> National Congress of Psychology*, 6-8 September 2006, Ankara, Turkey.
- **Dost, A.,** Citlak, B., Yağmurlu, B. & Leyendecker, B. (2006). Türk annelerinin çocuklarına ilişkin uzun süreli sosyalleştirme hedefleri: Annelerin eğitim durumunun sosyalleşme hedeflerine etkisi. Paper presentation, *14<sup>th</sup> National Congress of Psychology*, 6-8 September 2006, Ankara.
- **Dost A.** & Küntay, A. C. (2006). Benlik tipleri ve otobiyografik anlatıdaki duygu dili arasındaki ilişki. Paper presentation, *14*<sup>th</sup> *Ulusal Psikoloji Kongresi*, 6-8 September, 2006, Ankara.
- **Dost, A.,** Citlak, B., Yağmurlu, B. & Leyendecker, B. (2006). Mothers' long-term socialization goals: The role of education in long-term socialization goals set by Turkish mothers. Paper presented at the symposium on "Parenting goals and practices in different cultures" (Convenors: Ayfer Dost & Charissa Cheah; Discussant: Nandita Chaudhary), 18th International Congress of the International Association for Cross-Cultural Psychology, 11-15 July 2006, Isle of Spetses, Greece.
- **Dost, A.,** & Küntay, A. C. (2006). The relation between self-construals and language for emotions in personal narratives of males and females. Paper presented at the 4<sup>th</sup> International Conference on Dialogical Self, 1-3 June 2006, Braga, Portugal.

### **Research Projects**

2021-present-Co-investigator

Project Title: Pozitif Ergen Gelişimi (PERGEL). Implementation of PERGEL intervention program to early adolescents; coordinating the revision of the program.

PI: Prof. Nazlı Baydar, Koç University

2015-present- Co-investigator

Project Title: Developmental assets and positive youth development across 24 nations (PI: Dr. Nora Wiium, University of Bergen, Norway

- 01/2022-05/2022- Co-Investigator, The Ministry of Family and Social Services and UNICEF Turkey Project Title: Child Well-Being in Turkey (PI: Assoc. Prof. Yasemin Kisbu)
- 2015-2017 Principal Investigator, Ozyegin University, Istanbul, Turkey Project Title: Adolescents' disclosure to their parents: Individual and familial factors and positive youth development. TÜBİTAK National Grant # 115K324

### **Teaching Experience**

#### **Graduate Level**

Child and Family Policies Applied Developmental Psychology Selected Topics in Developmental Psychology Area Practicum Problems, Theory, and Methods in Psychology/Seminar

#### **Undergraduate Level**

General Psychology
Introductory Psychology I & II
Developmental Psychology I & II
Motivation and Self-Regulation
Cognitive Development
Selected Topics in Developmental Psychology
Psychology of Gender
School Psychology
Adolescence and Transition to Adulthood
Psychology of Testing and Measurement
Independent Study

## **Theses Supervision (13)**

Koç, Ö. (in progress). The extent of self-determination in the choice of one's college major, academic achievement, and career orientation among young adults.

Ataç, Ö. (2024). Olumlu gençlik gelişimi: Türkiye'ye özgü bir model. Marmara Üniversitesi Spor Yönetim Bilimleri Anabilim Dalı (Eş danışman).

Musti, N. (2023). Cyberbullying involvement, basic psychological need satisfaction, and socio-emotional competencies: A person-centered analysis: Özyeğin University, Department of Psychology.

Ingeç D. (2022). The mediating role of coping strategies and resilience on the relationship between uncertainty, career stress, and test anxiety. Özyeğin University, Department of Psychology.

Hamza-Ulusu, A. (2021). The gratification of basic psychological needs and adolescent conflict resolution behavior in the family context. Özyeğin University, Department of Psychology.

Fidan, M. (2020). Emerging adults' basic psychological need satisfaction, coping strategies, and life satisfaction: Özyeğin University, Department of Psychology.

Ünal, Ç. (2020). Conflict resolution patterns of adolescents in their relationships with parents and best friends: A person-centered approach. Özyeğin University, Department of Psychology.

Aytuğlu, A. (2018). The link between emerging adult's narrative identity in familial context and positive development. Özyeğin University, Department of Psychology.

Uraloğlu, E. (2017). Adolescent disclosure, and secrecy behaviors, and psychological well-being in parent and best-friend relationship contexts: variable- and person-centered examinations. Özyeğin University, Department of Psychology.

Şengül, P. (2017). Perceived reactions of mothers, fathers, and friends to negative emotions and adolescent psychological well-being. Özyeğin University, Department of Psychology.

Bilir, P. (2017). Basic psychological needs in family and school contexts: links to academic outcomes. Özyeğin University, Department of Psychology.

Erçelik, P. (2016). Basic psychological needs satisfaction and identity statuses across two social contexts in emerging adulthood. Özyeğin University, Department of Psychology.

Rauf, M. (2016). Self-esteem and life satisfaction of working and non-working adolescents in Pakistan. Özyeğin University, Department of Psychology.

## **Thesis/Dissertation Committee Membership (29)**

Öksüz, İ. (2024). Health risk behaviors among European adolescents: A latent profile analysis, M.A. Thesis, Koç University.

Özen, A.C. (2024). The effects of parenting beliefs on children's adjustment in Turkey. M.A. Thesis, Sabancı University.

Pala Sağlam, Ş. (2024). Beliren yetişkinlik döneminde ebeveynler arası olumsuzluğun yayılması: Ebeveyn çatışması, sınırlarda çözülme, öz-bilinç duyguları, üstbiliş ve üst-duygu inançlarının rolü, PhD. Thesis, İstanbul University.

Şengül Tığ, P. (2024). Is this really a secret? A thematic analysis of secrecy in couple relationships in Türkiye, M.A. Thesis. Bilgi University.

Hayali Emir, S. (2024). Evlilik çatışmasının okul öncesi çocuklar üzerindeki etkisi: ebeveyn iş birliği ve ebeveyn stresinin rolü, PhD. Thesis, İstanbul University

Gürtunca Hanif, A. (2023). Annelerin zihin yönelimliliğinin çocuklarının zihin yönelimliliği ve empati becerileri üzerindeki etkisi, PhD Thesis, Istanbul University.

Rodop, Ş. (2023). Çatışmalı evlerden gelen 11-13 yaş çocuklarının duygusal güvenliğini arttırmak: Bir ebeveyn müdahale programının geliştirilmesi ve sınanması, PhD Thesis, Istanbul University.

Akyıldız, H. N. (2023). The relationship of conflict resolution styles with dyadic adjustment in newlyweds. MA Thesis, Özyeğin University.

Kirman, Ş. (2023). 3-4 yaş çocuklarının öz düzenleme becerisinde beslemeye ilişkin ebeveynliğin ve çocuk mizacının rolü, PhD Thesis, Istanbul University.

Turunç, G. (2022). Parenting practices in low-resource contexts. PhD Thesis, Koç University.

Yavuz, G. (2022). An interpretative phenomenological analysis of the experiences of guilt in first-time mothers: an existential exploration. MA Thesis, Bahcesehir University.

Tezer, R. (2022). The roles of attachment behaviors and conflict resolution styles in relationship satisfaction: A comparison of long-distance and geographically close romantic relationships, MA Thesis, Özyeğin University.

Sezgin, F. Z. (2022). Single parenting during the pandemic: Exploring the role of creative capacity, MA Thesis, Bilgi University.

Çelebi, Ş. (2021). Children's emotional states during Covid-19 outbreak: Contributions of parenting stress and child temperament, MA Thesis, Özyeğin University.

Topgüloğlu, G. (2020). Marriage and mother-in-law/father-in-law relationships: Perceived social support, emotional closeness and marital satisfaction. MA Thesis, Özyeğin University.

Savcı, B. (2020). Experiences of fathers raising a child with autism spectrum disorder: A qualitative study. MA Thesis, Özyeğin University.

Erinç, Ş. (2019). A cultural developmental perspective on differences in adolescents' judgments about moral values at different ages, MA Thesis, Bilgi University.

Ekerim-Akbulut, M. (2019). Theory-of-mind in social context: the role of culture, social setting and target characteristics, PhD Thesis, Koç University.

Aktaş, B. (2017). The relationship between parental control and prosocial behavior of children, MA Thesis, Özyeğin University.

Akyüz, D. (2017). Duygusal güvenlik teorisi'nin farklı yaş grubundaki ergenler açısından incelenmesi, PhD Thesis, İstanbul University.

Aydınoğlu, A. (2017). Okul dışı aktiviteler ile gençlerin özgüven, bağ kurabilme, akademik başarı ve sosyal kaygıları arasındaki ilişki ve bu ilişkide mizah algısının aracı rolü, MA Thesis, Bahçeşehir University.

Yılmaz, E. (2017). Annenin zihinsel yönelimliliğinin çocuğun kendini düzenleme becerisi üzerine etkisi, MA Thesis, İstanbul University.

Samsa, A. (2017). Perceived impact of personal therapy and clinical supervision on clinical practice: An exploratory study, MA Thesis, Bilgi University.

Emir, S. H. (2016). Okul öncesi çocuklarin evlilik çatişmasi algisi ile kişiler arasi problem çözme becerileri arasindaki ilişkinin incelenmesi, MA Thesis, İstanbul University.

Korkmaz, D. (2016). Prosocial behavior of children and parenting, MA Thesis, Özyeğin University.

Marazyan, J. (2016). 'Like i always knew it': the phenomenology of intergenerational transmission of trauma in three generations of Armenian women in Turkey, MA Thesis, Bilgi University.

Pala, Ş. (2016). School-aged children's experience and expression of shame and guilt: role of age, gender, parenting and socioeconomic status, MA Thesis, Boğaziçi University.

Özgüle, M. (2016). Children's perception of violence, MA Thesis, Bilgi University.

Yenier Yıldırım, Z. (2013). Religiousness and everyday violations, PhD Thesis, Middle East Technical University.

### PhD Qualification Exam Committee Memberhip (6)

Mustafa, Vjollce, Koç University, 2023

Aslı Sarıkardaşoğlu, İstanbul Üniversitesi, 2020

Esin Şener, Hacettepe Üniversitesi, 2018

Wenke Ulrike Niehues, Koc Üniversitesi, 2017

Sinem Hayali Emir, İstanbul Üniversitesi, 2017

Şıvganur Kirman, İstanbul Üniversitesi, 2017

## **Invited Talks, Seminars, Lectures & Workshops (62)**

#### **College and NGO Seminars (39)**

2023- Savaşın içindeki çocuklar-15 Aralık 2023 Özyeğin Üniversitesi Toplumsal Çatı Kulübü

2023- Gelişimsel haklar ve sosyal politika. 11 Aralık 2023 21. Yüzyılda Temel Hakları Yeniden Düşünmek Sempozyumu. Özyeğin Üniversitesi.

2023- Implications of having fixed or growth mindsets-ÖzÜPyschi

2023- Pozitif Genç Gelişimi: Temel Psikolojik İhtiyaçlar ve Değişime İnanma- Eskişehir Rehberlik Öğretmenlerine Seminer

2022-Family policies from a developmental psychology perspective, Turkish Psychological Association, Family and Couple Unit

2022-Play and child development. Boğaziçi University Alumni Association

2021-Characteristics of ideas that change our lives -TED-X, Erciyes High School

2021-Life skills for well-being-Biriz Association

- 2021- Self and identity development in adolescence: Boğaziçi Üniversitesi, Self and Identity graduate class
- 2019 Basic psychological needs Özyeğin University summer school for high school students
- 2018 Familial support and positive psychological outcomes among Turkish adolescents with different ethical worldviews, Özyeğin University graduate seminar
- 2017 Gratification of basic psychological needs in the family and positive outcomes in adolescents, Özyeğin University
- 2015, 2016, 2017, 2018, 2019 *Implicit theories of intelligence, performance, and achievement*, Özyeğin University SEC seminars
- 2015, 2016, 2017, 2018, 2019, 2020, 2021 *Implicit theories of intelligence, performance, and achievement,* Özyeğin University summer school for high school students
- 2015, 2016, 2019, 2021 *Norms and social change*, Özyeğin University summer school for high school students
- 2016 Adolescent disclosure and secrecy in relationships with parents and psychological well-being, Özyeğin University
- 2015 Adolescent-parent value discrepancies in Turkish families: Links to conflict, cohesion, and conflict management, Özyeğin University
- 2014 Cohesion and conflict in the eyes of adolescents and parents, Özyeğin University
- 2013 Adolescents' and parents' conflict resolution patterns: Variations with respect to disagreement contexts, Koç University
- 2013 Adolescent-parent value discrepancies in Turkish families: Links to conflict, cohesion, and conflict management, Özyeğin University
- 2012 A cultural-developmental approach to moral psychology: The three ethics perspective, Koç University
- 2009 A mixed-method study of adolescent-parent relationships, Clark University
- 2009 Culture and development, Clark University
- 2008 Social development, Clark University
- 2008 Parenting styles across cultures, Clark University
- 2006 & 2007 Conceptualization of guilt and shame feelings, Koç University

## **High School Seminars (23)**

- 2024-Temel Psikolojik İhtiyaçlar ve Bağlanma-Koç Lisesi
- 2023-Ergenlerin Psikolojik İhtiyaçları-A seminar for parents and teachers, Haydarpaşa Lisesi
- 2021-2022 Improving self-discipline, a seminar for students, Maltepe Science High School
- 2021-2022-Test anxiety, a seminar for students, Italian High School
- 2021-2022-Bullying, a seminar for students, Italian High School
- 2020- Communication within the family, a seminar for teachers, TED Bursa High School
- 2020- Psychological needs in adolescence, a seminar for parents, Semiha Şakir Anadolu High School
- 2020- Academic self-concept and achievement, a seminar for students and teachers, Italian High School
- 2019-Test Anxiety, a seminar for students and parents, Kartal Köy Hizmetleri High School
- 2019 Implicit theories of intelligence and academic self-concept, a seminar for students, Maltepe Science High School
- 2019 Basic psychological needs in adolescence, a seminar for parents, Maltepe Science Lisesi
- 2018 Implicit theories of intelligence and achievement, a seminar for students, Kartal Köy Hizmetleri Anadolu High School
- 2018 Basic psychological needs in adolescence a seminar for parents, Private Sezin Schools & Anakent High School
- 2018 Implicit theories of intelligence, motivation, and achievement, a seminar for parents, Private Atacan High School
- 2018 Test anxiety, Kadir Has Anadolu High School
- 2017 Performance anxiety and achievement- a workshop with high school students -ENKA Schools
- 2016 Bullying, a seminar for high school students, Arnavutköy Korkmaz Yiğit Anadolu High School
- 2016 Self-esteem and bullying a workshop with high school students -ENKA Schools
- 2015 & 2016 Adolescence and basic psychological needs, a seminar for parents and teachers, Hüseyin Avni Sözen Anadolu High School
- 2011 Psychology of adolescence, a seminar for high school teachers, Private Derya Öncü High School

### **Professional Services & Colloborations**

### **Service to Ozyegin University**

- Director of Social Sciences Institute, Ozyegin University, September 2023-present
- Vice Dean, Faculty of Social Science, Ozyegin University, February 2025-present
- Department Chair, Ozyegin University Department of Psychology –September 2017-September 2020
- ÖzÜ Graduate Thesis Format Revision Committee, July 2022-June 2024
- ÖzÜ Academic Advising Revision Commission July 2021-May 2022
- Psychology Undergraduate Internship Coordinator -2014-2020
- Member, Administrator Personnel Promotion Committee -2015-2020
- Applied Developmental Psychology Graduate Program Coordinator -2016-2018
- Department of Psychology Accreditation Committee Member -2015-2019
- ÖzÜ Student Clubs Regulations Revision Committee Member -2015-2016
- Undergraduate Programs Rules and Regulations Revision Committee Member -2013-2014

### Service to & Collaborations with NGOs & Government

- Consultant, Adolescent and Youth Participation, UNICEF, April 2024-December 2024
- Consultant, Türkiye Çocuk Araştırması, Aile ve Sosyal Hizmetler Bakanlığı & UNICEF, February-June 2022
- Accreditation Executive Committee Member-Turkish Psychological Association, January 2020present
- Consultant-Suna'nın Kızları EmPower Project, June 2022-December 2022
- Collaborations for the application of the Positive Youth Development (PERGEL)
  - o Aile ve Sosyal Politikalar Bakanlığı, Çağdaş Yaşamı Destekleme Derneği, TEGV, SAGEM
- Psychology Summer School for High School Students at Nesin Foundation Mathematics Village (2013 Summer-one week) (in collaboration with Nilüfer Kafescioğlu and Alper Açık)
   Lectures by Ayfer Dost (Lifespan Development; Implicit Theories of Intelligence and Motivation; Norms, Values, and Social Change)

## **Editorial Service**

Associate Editor, Türk Psikoloji Yazıları (Turkish Psychological Reports)- January 2013-June 2017

#### **Ad-Hoc Reviewer**

- Child Development
- Parenting: Science and Practice
- International Journal for Behavioral Development
- Journal of Research on Adolescence
- Journal of Child and Family Studies
- Journal of Child Language
- Journal of Social Psychology
- Journal for the Theory of Social Behavior
- Child and Youth Care Forum
- Current Psychology
- Family Relations
- Internal Migration
- Frontiers in Psychology

- Culture & Psychology
- Psikoloji Çalışmaları

## **Conference & Symposium Organizer**

- Congress Scientific Committee Member, 2025
  - International Adolescence and Youth Studies Annual Congress-Scientific Committee Member, Didim, Turkiye, September 2025
- Symposium Organizer, September 2023-supported by TUBITAK 2221 Program
  - Symposium on The Cultural-Developmental Approach to Moral Reasoning and Values: Use
    of the Ethical Values Assessment (EVA) among Adolescents and Emerging Adults Across
    Cultures
- Congress Scientific Committee Member, 2023
  - International Adolescence and Youth Studies Annual Congress-Scientific Committee Member, Kapadokya, Turkiye, September 2023
- Panel Organizer, 2019
  - o Gelişim psikolojisi ve terapi perspektifinden oyun
- Symposium organizer, 2015
  - o Hukuk ve gelişim pespektifinden çocuk evlilikleri

#### **Grant Reviewer**

- The Scientific and Technological Research Council of Turkey (TÜBİTAK)- Grant reviewer-2014 to present
- Taylor & Francis-Book proposal review, 2023
- Society for Research on Adolescence -2015 & 2017- Panel reviewer